

The Harms of the Hair Dyes and Hairdryers¹

Comments of Physicians

As per a scientific study, there is a possible connection between the use of hair dye and some types of cancer. The researchers of American National Institute for Cancer studied two thousand cases, most of which were women. 600 patients were found suffering from cancer. Specialists have also confirmed that there is a reason behind the problems of women hair. The most common reason are the following:

- ❦ Exposure to sun for a long period
- ❦ Usage of hair dyes (colors)
- ❦ Styling hair with hairdryer
- ❦ Usage of rubber bands and hair setters

Use of a hair dye is dangerous, because it destroys the roots of the hair
Muhammad Hasan Al-Hafnavi, Professor of Dermatology, has said:

“Hairdryers and hair dyes are the enemies of hair, because both of them are harmful to hair and head skin”

Dr. Aiman Muhammad Othman, dermatologist and dendrologist, has said:

“Most women go to extremes in perming and coloring their hair. Naturally, this is the most important cause of brittle hair, because dyes contain a chemical that damages the hair.”

Dr. Mayye Abd-Al-Ghaffar, consultant of dermatology at As-Salam Hospital, Jeddah, has said:

“Regretfully, most women deal wrongly with their hair, which reveals their ignorance and recklessness. Chemicals used in dyeing, perming, and curling cause hair to fallout, and thus leave women with no other option except to turn to physicians for help.

¹ **Adornment of Women In Forensic and Medical Perspective** comments of Muslim Scholars and Physicians on Cosmetic powders, lipsticks, colored lenses, nail polish, and eyelashes, coloring around the eyes, hair dyeing, high heeled shoes and more.... Page 24-26 [compiled by Umm Kutubah Samia Al'Garland]

Women forget that they themselves are the sole reason behind the falling out of their hair.”

The doctor further continues:

The only advice I give women for preserving the beauty of their hair is to avoid the chemicals used in perming, streaking, dyeing, curling, etc, and not to go to extremes in using the hairdryer, because it badly damages the hair and causes it to fall out. Women should replace them with natural materials such as red henna. They should completely avoid using black henna. There is good way of putting henna into hair and getting the most benefit from it.

For dyeing hair in their favorite blond color,

- ❦ They can keep pure catechu flowers in water for about six hours
- ❦ Then drain the water and mix the catechu flowers with henna
- ❦ After doing this, add to the mixture three spoons of powdered tealeaves and one small spoon of clove powder
- ❦ Put the paste into hair for three hours, and then wash the hair with a baby shampoo
- ❦ Dry the hair with a towel and leave it for one day.

Comments of Muslim Scholars

Shaikh Saleh Al-Fauzan has said:

Regarding coloring of women's hair –if it is gray, she may dye it with a color that is not black, because the Prophet ﷺ has generally prohibited the use of black color. Regarding dyeing of black hair into any other color in my opinion, this is not allowed, because there is no reason for doing it. Blackness for hair is its beauty, not a distortion, which would need any changes. Dyeing hair into any other color, including streaking, would make women similar to disbelievers. Dyeing is also prohibited, because colors prevent water from reaching the hair, when ablution is performed.



Shaikh Muhammad bin Saalih al-Uthaymeen thinks that these colors are similar to those of disbelievers; therefore, they are banned. Imitating disbelievers is also prohibited, because the Prophet ﷺ has said;

“Whoever follow any nation, is considered to be one of them.”

*Dyeing the Hair!*²

As for the woman dyeing her hair then if it is graying she should dye it with anything but black. This is on his ﷺ general prohibition of dyeing the hair black. It has been relayed by Muslim, Ibn Hibbaan, Aboo ‘Uwaanah and others from the narration of Jaabir bin ‘Abdillah and Anas bin Maalik ؓ that the Messenger of Allāh ﷺ came to Aboo Quhaafah in the year of the conquest of Mecca to pledge allegiance while his head and beard appeared a salt and pepper color.

The Messenger of Allāh ﷺ said:

“Change this to another color but avoid black.”

In addition, it has even come in the narration of Ibn ‘Abbaas ؓ that he said:

The Messenger of Allāh ﷺ said:

“There will be a people from my nation in the last days dyeing with the color black like the crops of the pigeon. They will not smell the fragrance of Paradise.”

² A Warning Regarding the Dangers of the Beauty Salon and the Hair Stylist pages 35-36



As for the woman, changing her naturally black hair to another color then this is not allowed. That is because there is no need for it since the natural beauty of the hair is black. The darker the hair is the better. It is known that in most cases the younger women have black hair whether they are married or single thus based on this there should never be a need to change it to another color such as blonde or red as this is considered changing what Allāh has created and that is prohibited. It is also imitation of the non-Muslim women.